## NETAJI NAGAR COLLEGE FOR WOMEN 170/13/1 N.S.C BOSE ROAD, REGENT ESTATE, KOLKATA

Re-Accredited by NAAC with Grade B+ with CGPA of 2.58



BEST PRACTICES
2018-19

## **BEST PRACTICE -1: NSS ACTIVITIES**

The College has Two Active NSS Units, namely Unit I & Unit II Both the Units are actively engaged in several activities within and outside the college. Some of these are:

- 1. In order to foster the importance of environmental awareness and conservation in today's World the NSS units of the college celebrated the World Environmental Day on 9<sup>th</sup> June, 2019 with a plantation programme on the onset and followed by it an extempore competition among students on this year World Environmental Day Theme "Air pollution" by UNEP.
- 2. Thalassemia is inherited blood disorders that can result in the abnormal formation of hemoglobin. Thalassemia is genetic disorder inherited from a person's parents. As of 2013, thalassemia occurs in about 208 million people with about 4.7 million having severe disease. One of the prevention methods of thalassaemia is carrier detection. Large scale awareness campaigns are being organized in India both by government and non-government organizations in favor of voluntary premarital screening to detect carriers of thalassemia and marriage between both carriers are strongly discouraged.
  - Keeping in view of the above and for the sake of all the students the N.S.S units of the college organized an one day thalassemia awareness and screening test camp in collaboration with Calcutta School of Tropical Medicine on 29<sup>th</sup> November, 2018.
- 3. The N.S.S unit-I of the college organized a Aids Awareness Programme on on 29<sup>th</sup> August, 2018. At the onset a seminar was organized. The invited speaker for the seminar was Smt. Jayanti Ghosh Sarkar, Counsellor, Calcutta School of Tropical Medicine, Kolkata. In her speech she focused on AIDS detection, counselling and remedial measures. This was followed by a poster competition among students of the college on AIDS awareness. The competition was judged by Smt. Jayanti Ghosh Sarkar and Principal of our college. Later the winners were awarded in the programme.
- **4.** The **NSS Unit-I** conducted Special Camping Programme in Slum Areas namely 165 & 188 Ashok Avenue (Slum Areas) Kolkata 700040 from **13**<sup>th</sup> **March -19**<sup>th</sup> **March, 2019.** The issues addressed during the camp were Health and Hygiene (Clean Drinking Water, Awareness against mosquito and water borne disease), Need for Education, Self-Employment and Sanitation. Free health Check up of slum people and distribution of free specimen medicines collected from different doctors were distributed. Drawing Book, Pencil, Eraser, pen and some books were given to slum children for educational purpose.
- 5. The NSS Unit-II conducted Special Camping Programme in Slum Areas Area namely 16 Kanpur Road (Slum Area), Kolkata 7000 92 from 13<sup>th</sup> March -19<sup>th</sup> March, 2019. The issues addressed during the camp were Health and Hygiene (Clean Drinking Water, Awareness against mosquito and water borne disease), Need for Education, Self-Employment and Sanitation. Free health Check up of slum people and distribution of free specimen medicines collected from different doctors were distributed. Drawing Book, Pencil, Eraser, pen and some books were given to slum children for educational purpose

## **BEST PRACTICE -2: MAINTENANCE OF ECO-FRIENDLY CAMPUS**

The college campus and the hostel campus are environment friendly green campuses. Both the campuses have lots of perennial and seasonal plant species.

- 1. The College campus garden is named as '*Nabin Bithi*' Maintenance of the garden is done regularly by the college. Only organic manure and compost are used in the garden.
- 2. Hostel Campus has a butterfly garden where different species of butterfly can be seen in different seasons.
- 3. The College has successfully installed rainwater harvesting system for collection and use of rainwater in various purposes.
- 4. The College campus has plastic free zones.
- 5. Vinyl Board at different floors of the college are placed by College Administration for promoting awareness among all stakeholders against wastage of electricity.