

2023

FOOD AND NUTRITION — HONOURS

Paper : CC-9

(Diet Therapy-I)

Full Marks : 50

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

1. Answer *any five* questions. 2×5
- (a) What do you mean by fatty liver?
 - (b) What are the normal Hb levels of an adult male and female?
 - (c) Mention the names of any two liver function tests (LFT).
 - (d) What is bland diet?
 - (e) What do you mean by IBS?
 - (f) What is IBD?
 - (g) What is ulcerative colitis?
 - (h) What is the difference between cholecystitis and Cholelithiasis?
2. Write short notes on *any two* of the following : 5×2
- (a) Steatorrhoea
 - (b) Functions of bile
 - (c) Acid-ash diet
 - (d) Nutritional care of constipation.
3. Answer *any three* questions :
- (a) Define anaemia. What is the present prevalance of anaemia among pregnant women and children? Why is anaemia common among the women of reproductive age group? Mention the supplementation given for the prevention of iron deficiency anaemia by the Govt. of India. 2+2+4+2
 - (b) What is acites? Discuss in brief the signs and symptoms of cirrhosis of liver. Write the etiology of cirrhosis of liver. 2+4+4
 - (c) Define therapeutic diet. How can you modify a normal diet into therapeutic diet? Mention four indications for implimentation of the following :
 - (i) Tube feeding
 - (ii) Parenteral feeding. 2+4+2+2

Please Turn Over

- (d) What is diverticular disease? Write the etiology of the disease. Discuss in brief the signs and symptoms of diverticular disease. Point out the major aspects of dietary management for a patient suffering from diverticular disease. 1+2+3+4
- (e) What is typhoid? What are the symptoms of typhoid? What should be the important nutritional management of this disease? 2+3+5