



**Yoga for Vasudhaiva Kutumbakam”
our aspiration for -
'One Earth One Family One Future'**



International Yoga Day

Theme: Humanity

Celebrated by

Sports & Games Development Sub Committee
of

Netaji Nagar College for Women, Kolkata-92

On

24th June, 2023

Yoga Workshop : Reduce Your Stress Relax your Body

Time: 12:00 Noon onwards

Venue: College Auditorium

all are cordially invited