

Women's Journey Towards Empowerment

A Myth or a Reality?



**Ramakrishna Sarada Mission
Vivekananda Vidyabhavan**

**Women's Journey
Towards Empowerment:
A Myth or A Reality**



**Ramakrishna Sarada Mission
Vivekananda Vidyabhavan**



TOWARDS FREEDOM

Women's Journey Towards Empowerment : A Myth or A Reality
Edited by Dr. Bidisha Chatterjee, Smt. Tanju Datta, Dr. Payal Bose Biswas

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Women Empowerment and Human Security

An analysis in the Indian Context

Nilimpa Ghosh

Defining Women Empowerment: The word Empowerment stands out in the feminist discourse on the condition and status of women in society and contains the word 'Power', which is a concept of central concern in the feminist trajectory that are implicit in all feminist theories.

The term empowerment refers to measures designed to increase the autonomy and self-determination in people and in communities in order to enable them to represent their interests in a responsible and self-determined way. Empowerment as action refers both to the process of acting on their own authority. Empowerment as action refers both to the process of self-empowerment and to professional support of people, which enables them to overcome their sense of powerlessness and lack of influence, and to use their resources. Thus, Women Empowerment is an extension of the concept of security, which has been aptly defined by the Canadian and the United States conception of Security. Both the schools mark a digression from the traditional conception of security by recognizing two central overarching values:

- i. the safety and well being of the individual in physical terms; and
- ii. Individual freedom.¹

Tracing the Indicators of Women's Empowerment

- i. Education
- ii. Health
- iii. Development of job skills
- iv. Employment
- v. Equal wage irrespective of sex
- vi. Protection against physical and sexual Violence.
- vii. Representation of women in Central and State Legislatures and participation in the election procedure, Government and local bodies, etc.

Human Security-Definition

Human Security means security of the human individual or simply the security of the individual in India, etc.